

BRAIN EXERCISE #3 - Delayed Gratification

If you could have \$3 million today or a penny today that doubles tomorrow and doubles each day thereafter for 31 days, which would you choose?

Moral: It is not always easy or “fun” to look around and see that others appear to have more than you but the reality is, you do not know the reality of another. As such, that ability to suspend judgment about ourselves and others is a core characteristic of those who have real sustainable success. Along these lines, the ability to do what is “right” – to slowly and methodically delay the need to “keep up with the Joneses” – and simply stay the course is what leads to financial freedom.

1	\$0.01
2	\$0.02
3	\$0.04
4	\$0.08
5	\$0.16
6	\$0.32
7	\$0.64
8	\$1.28
9	\$2.56
10	\$5.12
11	\$10.24
12	\$20.48
13	\$40.96
14	\$81.92
15	\$163.84
16	\$327.68
17	\$655.36
18	\$1,310.72
19	\$2,621.44
20	\$5,242.88
21	\$10,485.76
22	\$20,971.52
23	\$41,943.04
24	\$83,886.08
25	\$167,772.16
26	\$335,544.32
27	\$671,088.64
28	\$1,342,177.28
29	\$2,684,354.56
30	\$5,368,709.12
31	\$10,737,418.24